



# Social Distancing and Travel Recommendations

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## COVID-19 Self-Isolation Recommendations

### Restrictions on Social Gatherings

The public health order issued by Department of Health Secretary Kathy Kunkel temporarily prohibits mass gatherings to limit the spread of COVID 19 disease. Here is more information about that order:

- All restaurants, bars, breweries, eateries and

### Travel Recommendations

Governor Michelle Lujan Grisham is committed to mitigating the widespread community transmission of COVID-19 by enforcing self-isolation recommendations among individuals known to have travelled.

other food establishments shall operate at no greater than 50 percent of maximum occupancy and no greater than 50 percent of seating capacity.

- Tables and booths may not seat more than six people, and all occupied tables and booths must be separated by at least six feet. Patrons may not be seated at bars, and standing patrons will not be served.
- Prohibits gatherings of 100 or more but includes specific exemptions for shelters, retail or grocery stores, courthouses, correction and detention facilities and hospitals, among others.
- All casinos and horse racing facilities must close until April 10. This provision does not apply to casinos operating on tribal lands.

## Mass Gathering FAQ

### Q: Why are mass gatherings a concern?

A: The Centers for Disease Control says the virus is thought to spread mainly from person-to-person when an infected person coughs or sneezes, producing respiratory droplets that can reach others who are within about 6 feet. Canceling or postponing large gatherings is a prudent public health measure to prevent spread of the virus.

### Q: What is a mass gathering?

A: The order defines a mass gathering as any public or private gathering of 100 or more individuals in a single room or connected space where they would be in close proximity to one another. Examples include sporting

**Category 1:**  
**Individuals who have travelled to/from affected areas OR have been in direct contact with a person known to be positive for COVID-19.**



**Category 2:**  
**Individuals who have travelled outside of New Mexico (but not to currently known high risk areas).**



**Category 3:**  
**Individuals contemplating out-of-state travel in the coming weeks and months.**



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events, concerts and conferences.

**Q: What does that include?**

A: That includes auditoriums, stadiums, arenas, large conference rooms or convention centers, meeting halls and theaters.

**Q: Are there exemptions?**

A: Yes. Exemptions from the order include shelters, retail and grocery stores, typical office environments, businesses, courthouses, restaurants and bars, correctional and detention facilities, all educational institutions, hospitals and other health care facilities and places of worship – as long as they are operating under normal business hours.

**Q: Does this affect funerals and weddings?**

A: Weddings and funerals are exempt. Individuals should determine for themselves whether

**Q: Have other states done this in response to COVID-19?**

A: Yes. As of March 12, Washington, Oregon and California all have similar measures.

**Q: What if I'm unsure if an event falls under the order?**

A: Start by reading the order, which is available here. If it's still unclear, err on the side of caution.

**Q: How long will this last?**

A: The order is in effect for 29 days – through April 9. However, it could be extended based on need.